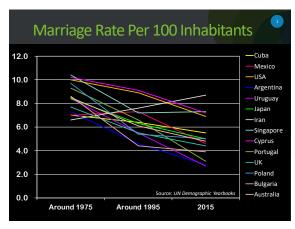
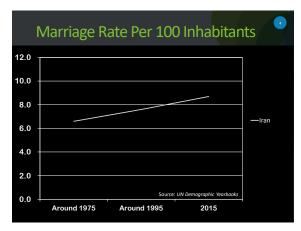
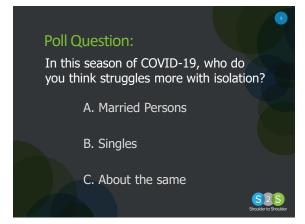




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5

A Question: In this season of COVID-19, who do you think struggles more with isolation? Marrieds may "isolate" but with their spouses and children Family life may have opportunity to strengthen when people stay at home Many singles live alone or semi-alone Isolation precludes the physical touch of others outside the home





8

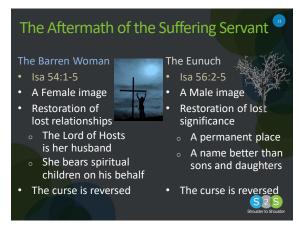
Blessing through Offspring The Creation Mandate "Be fruitful and multiply . . ." (Gen 1:27 ESV) The First Messianic Prophecy "I will put enmity between you and the woman, and between your offspring and her offspring, he shall bruise your head, and you shall bruise his heel." (Gen 3:15 ESV) The Abrahamic Covenant "I will surely multiply your offspring as the stars of heaven and as the sand that is on the seashore." (Gen 22:17 ESV) The Sinai Covenant





11

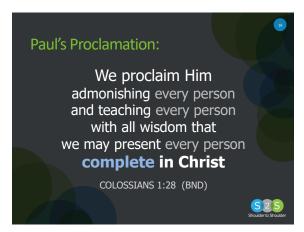
By oppression and judgment he was taken away; and as for his generation, who considered that he was cut off out of the land of the living, stricken for the transgression of my people? And they made his grave with the wicked and with a rich man in his death, although he had done no violence, and there was no deceit in his mouth. Yet it was the will of the LORD to crush him; he has put him to grief; when his soul makes an offering for sin, he shall see his offspring; he shall prolong his days; the will of the LORD shall prosper in his hand. Isa 53:8-10 (ESV)



The Stories of Five Prophets Isaiah (8:3,18) – married a prophetess and has 2 sons who are "signs and portents" from the Lord. Jeremiah (16:1-4) – commanded not to marry and remains single as a sign of God's judgment on the people Ezekiel (24:15-24) – Becomes a widower; God takes his wife ("the delight of his eyes") but he is commanded not to mourn as a prophetic sign of the loss of temple. Daniel (1:3-20) – Most likely a eunuch brought in to serve the king under the chief of eunuchs. But he shows himself in primary service to the Lord rather than the king. Hosea (1:2, 2:2) – Commanded by God to marry an unfaithful whore whom he divorces and receives back as a prophetic picture of the relationship between the Lord and Israel.

14

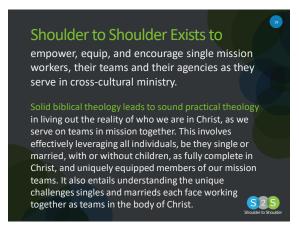
Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, ⁴ even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love ⁵he predestined us for adoption through Jesus Christ 2 according to the purpose of his will, ⁶to the praise of his glorious grace, with which he has blessed us in the Beloved. ⁷In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace. . . . ¹²In him we have obtained an inheritance, . . . ¹²so that we who were the first to hope in Christ might be to the praise of his glory. ¹³In 3 him you also, . . . were sealed with the promised Holy Spirit, ¹⁴who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory. (Ephesians 1:3-14 ESV)



Conclusions and Takeaways: Regardless of the messaging we hear from others or tell ourselves, the fact is: Scripture affirms singles and the single state In the New Covenant we are all fully blessed and complete in Christ: married, single, single again Scripture embodies inclusiveness in the ministry of the prophets—the prophet's marital status testifies to his message Both Singleness and Marriage testify to Gospel: Husbands & Wives The Barren Woman & The Eunuch

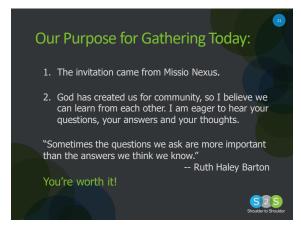
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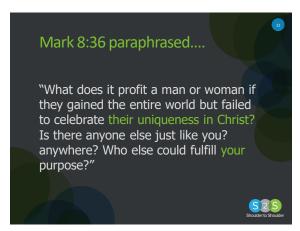


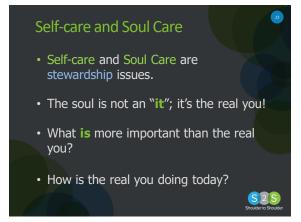




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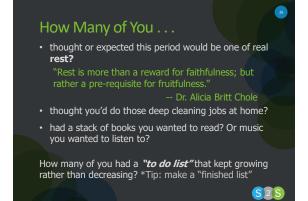
Cultivating Soul Care

- So how do we cultivate Self Care or "Soul Care" in a season of isolation and social distancing?
- What thoughts and feelings does the word isolation bring to mind?
- The difference between isolation and solitude

 Relation is a situation or significance it draws up
 - Isolation is a situation or circumstance; it draws us away from people.
 - Solitude is a choice and a spiritual discipline; it draws us closer to God.
- "In quietness and trust shall be your strength."

 --Isaiah 30:15b (NRSV)

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The Truth: We have been faced with a crisis that disrupted our lives, our schedules, our travel and our ministries. Our expectations weren't met because we have never experienced this before. How many found these disruptions to be costly? How many found them to be a relief?

Everything Has Changed

- · Technology has never been so appreciated.
- Some are thrilled to be able to be connected via media and internet, others have been impacted differently.
- April 24, 2020 Wall Street Journal talks about "Zoom Fatigue." It's about how people are overloaded with relationships gone online.
- Medical research and personnel, advancements and supplies have never been needed so urgently
- Everything has changed -- yet many things have helped us gain new skills and routines.

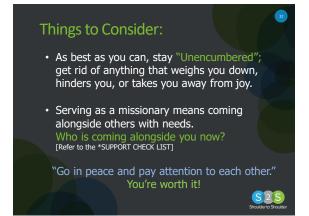
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Six Daily Questions Six daily questions to ask yourself during the Covid-19 virus pandemic: 1. What am I grateful for today? 2. Who am I checking in on or connecting with today? 3. What expectations of normal am I letting go of today? 4. How am I getting outside today? 5. How am I moving my body today? 6. What beauty am I either creating, cultivating, or inviting in today? From Wellspring Counseling Center in Miami, FL





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Questions to Consider: 1. What aspects have you found most challenging in this season of isolation? 2. How have you been creative in meeting the physical, emotional, spiritual needs of those around you? 3. How has your relationship with the Lord changed during this time? Are there favorite Scriptures that have helped?





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